



INSTITUTE OF DIABETOLOGY [IOD],
MADRAS MEDICAL COLLEGE [MMC]

&



INDIAN INSTITUTE OF NUTRITIONAL SCIENCES [IINS]

in A Collaborative Initiative with



HOSTS

2ND INTERNATIONAL CLINICAL NUTRITION
ADVANCED CONCEPTS UPDATES
ON
EVIDENCE-BASED MEDICAL NUTRITION THERAPY

NUTRIFE[A]ST 2025

Policy, Principles & Practice of Nutrition

SYMPOSIUM &
SKILL DEVELOPMENT WORKSHOPS

May 9 & 10, 2025

@ Madras Medical College,
Chennai 600003



EAT To Grow
[Be] Healthy & Fit



DO NOT MISS THIS GOLDEN OPPORTUNITY TO MEET



Dr Yagna Unmesh Shukla,^{PhD}

Chairperson

National Commission for Allied and Healthcare Professions

Ministry of Health & Family Welfare

Government of India

&

**BE PART OF HISTORIC EVENT FOR
NUTRITION & DIETETIC PROFESSIONALS**



**INSTITUTE OF DIABETOLOGY [IOD], MADRAS MEDICAL COLLEGE [MMC]
&**



INDIAN INSTITUTE OF NUTRITIONAL SCIENCES. [IINS]

**Cordially invite you for the Inauguration of
2ND INTERNATIONAL CLINICAL NUTRITION ADVANCED CONCEPTS UPDATES
ON EVIDENCE-BASED MEDICAL NUTRITION THERAPY
[SYMPOSIUM & SKILL DEVELOPMENT WORKSHOPS]**

On May 9, 2025, 9:20-10:20am

**@ Auditorium Tower 3, 8th Floor,
Rajiv Gandhi Govt General Hospital, Chennai 600003**

CHIEF GUEST

Dr Yagna Unmesh Shukla, PhD

Chairperson, National Commission for Allied & Health Care Professions
Ministry of Health & Family Welfare - Govt of India

Guest of Honor

Dr K Shantaraman, MD

Dean, Madras Medical College & RGGGH

Dr Judith Beto, PhD

President, International Affiliate of Academy of Nutrition & Dietetics [IAAND] USA

Dr Kavitha M, MD Vice Principal, MMC

Dr Umapathy, MBBS DD DIH Resident Medical Officer, RGGGH

Dr Aravazhi, MBBS DLO Resident Medical Officer, RGGGH

ALL ARE CORDIALLY INVITED

Dr Varsha, PhD RD CCN [UK], CNIS [USA]

Convenor / Organizing Chairperson

Founder Chair, IINS &

Course Coordinator – Clinical Nutrition, IOD MMC

Dr P Dharmarajan, MD DDiab

Co-Patron

Director, Institute of Diabetology

IOD, MMC

Dr K Shantaraman, MD

Patron

Dean, MMC & RGGGH

INAUGURATION PROGRAM

[9:20AM – 10:20AM]

Prayer Tamil Thai Vazhthu – Invocation to Mother Tamil
 Lighting of Kuthu Valaka - Traditional Lamp

Welcome Dr P Dharmarajan P, Co-Patron & Director & Professor, Institute of Diabetology, MMC

NUTRIFE[A]ST2025 – Conference Vision, Objective & Scope

Dr Varsha, Convenor & Organizing Chairperson, Founder Chair, IINS &
Prof & Course Coordinator – Clinical Nutrition, IOD, MMC

Clinical Nutrition – Course Summary

Ms Kalarani R, Organizing Secretary, NUTRIFE[A]ST2025 &
Chief Dietitian, RGGGH & MMC & Course Director – Clinical Nutrition, IOD, MMC

Felicitations

Dr Aravazhi, Resident Medical Officer, RGGGH
Dr Umapathy, Resident Medical Officer, RGGGH
Dr Kavitha M, Vice Principal, MMC

Signing of Memorandum of Understanding [MOU]

Guest of Honor Address

Dr K Shantaraman, MD Dean, Madras Medical College & RGGGH

Dr Judith Beto, PhD President, International Affiliate of Academy of Nutrition & Dietetics [IAAND] USA

Presentation of Charter to The Chairperson, NCAHP

Dr Varsha, Founder Chair IINS, President [Former] IAAND, Prof & Course Coordinator–ClinNutri, IOD, MMC
Ms Vilasvathi Venkatachalam, Trustee IINS & President Elect, IAAND
Dr Rashmi Poojara, Trustee IINS & Asst Prof Dept of Home Sc & Res Center, St Teresa's College, Ernakulum
Dr AJ Hemamalini, Trustee IINS & Prof & HOD, Department of Clinical Nutrition, SRIHER
Ms Kalarani R, Chief Dietitian, RGGGH & MMC & Course Director – Clinical Nutrition, IOD, MMC
Dr Sachdev Meenakshi, Chief Dietitian, TNGMSSH, Chennai
Ms Priyadarsini S, Chief Dietitian, IMH, MMC
Dr Vinitha Krishnan, HOD, Department of Clinical Nutrition, SIMS
Ms Geethanayaki M, HOD, Department of Clinical Nutrition, SMF
Ms Bamini M, Chairperson, Indian Dietetic Association Registration Board
Dr Asna Urooj, Prof & Chairperson [Former], PG Dept of Food Science, University of Mysore

Chief Guest Address

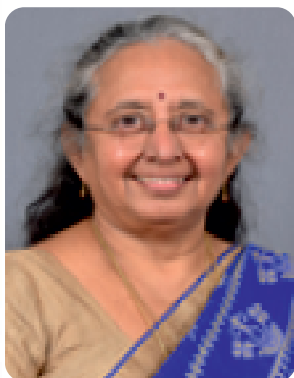
Dr Yagna Unmesh Shukla, Chairperson, National Commission for Allied & Health Care Professions
Ministry of Health & Family Welfare - Govt of India

Vote of Thanks

Dr Pushpa Saravanan, Assoc Professor, IOD MMC

National Anthem

Anchor Credits Ms Vasanthi Hariprakash, Journalist & Founder Pickle Jar Media, Bangaluru



From the Desk of Convenor/Organizing Chairperson

Dr Varsha PhD RD CCN [UK] CNIS [USA]

Founder Chair, IINS &

Course-Co-Ordinator - Clinical Nutrition, IOD, MMC

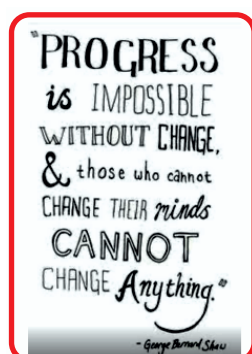
Dear Fellow Nutritionists & Dietitians,

WELCOME To CHENNAI To Be A SIGNIFICANT PART OF HISTORY ONCE AGAIN!

At the NUTRIFE[A]ST 2025, just as we witnessed the MAHA KUMBH MELA — the most auspicious festival in Prayagraj, Uttar Pradesh, it is going to be both a NUTRI-FEAST — an elaborate & abundant Food for Thought accompanied by NUTRI-FESTIVAL, a celebratory ceremony marking the historic confluence of Policy, Principles and Practice of NUTRITION.

At the NUTRIFE[A]ST 2025, there will be several historic firsts & you are offered the VANCHSHEEL" — FIVE-FOLD golden opportunity to witness, nay actively & significantly contribute to the creation of this history

- Dr. Yagna Unmesh Shukla, Chair, Allied & Healthcare Professions Regulatory Agency — NCAHP*, affiliated to Ministry of Health & Family Welfare, GOI - INAUGURATES the Conference.
- Ms Harlivleen "Livleen" Gill, MBA, RDN, LDN, FAND, President, Academy of Nutrition & Dietetics - AND, USA — FELICITATES
- Access Academy of Nutrition & Dietetics through International Affiliation of Academy of Nutrition & Dietetics
- Fully funded Fulbright Fellowships for Indian citizens as well as e-library resources offered by United States-India Educational Foundation — USIEF, Chennai
- Get your competency certified on Nutrition Care Process [NCR International Dietetics & Nutrition Terminology [IDNT] & Evidence Analysis Principles through leadership certification courses — CLIP [Clinical Lead Intrainship Programs offered by Indian Institute of Nutritional Sciences — IINS, in collaboration with EF Myers Consulting, Inc, USA



Rise & Shine

Patrons



Dr E Theranirajan, MD DCH MRCPH [UK] FRCPH [UK]
Addl. Director of Medical Education - Dean [Former], MMC & RGGGH



Dr K Shantaraman, MD
Dean, MMC & RGGGH

Dr Kavitha M, MD [Micro]
Vice Principal, MMC



Co-Patron



Dr P Dharmarajan MD, D,Diab
Director, Institute of Diabetology

Convenor/Organizing Chairperson



Dr Varsha PhD RD CCN [UK] CNIS [USA]
Founder Chair, IINS &
Course-Co-Ordinator - Clinical Nutrition, IOD, MMC

Organizing Secretaries



Dr Pushpa Saravanan MD, D. Diab
Assoc Prof, IOD MMC

Ms Kalarani R, Msc PGDND CNSC
Chief Dietitian, RGGGH & MMC



Conference Organising Committee - Scientific/Registration/Hospitality



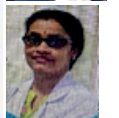
Dr Sachdev Meenakshi, Chief Dietitian TNGMSSH



Ms Priyadharsini S, Chief Dietitian, IMH, MMC



Prof Dr AJ Hemamalini, HOD Dept Clinical Nutrition, SRFAHS, SRIHER

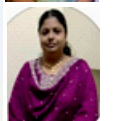


Dr Vinitha Krishnan, HOD Dept of Clinical Nutrition, SMS



Ms Geethanayaki M, HOD, Dept of Clinical Nutrition, SMF

Ms Jayashree D, Dietitian, IOD, MMC



Ms Nisha SM, Dietitian, IOD, MMC

Secretariat: nutrefeast2025@gmail.com / 9841650958

Institute of Diabetology, Madras Medical College, Poonamallee High Road, Park Town,
Chennai, Tamilnadu 600 003

May 9, 2025 DAY 1: ADVANCED CONCEPTS SYMPOSIUM

Time	Topic	Speaker	Chair Persons / Moderators
Session - 1: 08:00am - 08:45am	The Future of Dietetics through the Lens of Nutrition Care Process & Evidence-Based Nutrition Practice	Dr Esther F Myers	Dr P Dharmarajan, MD [Int Med] Dr C Hariharan, MD [Int Med] Ms Kalarani R Ms Vilasavathi Venkatachalam
08:45am – 09:15am	Strengthening Global & Local Partnerships: Collaboration for Excellence in Nutrition & Dietetics	Dr Sylvia E Kilnger	
09.15am - 09:20am	Discussion		
09:20am - 10:20am	INAUGURATION		
10:20am – 10:35am	COFFEE BREAK		
Session-2: 10:35am – 10:50am	Fulbright Fellowships for Indian citizens & e-library resources - United States-India Educational Foundation	USIEF, Chennai	Dr Chitra, MD [SPM] Dr Varsha
Session-3: 10:50am – 11:10am	Integrative & Functional Medicine Approach to Manage Diabetes & Associated comorbidities	Dr Sudha Raj	Dr Sudhakar MD [Anesthesia] Dr K PremKumar MD DM [Gastroenterology] Dr Vinitha Krishnan Ms Nisha
12.25pm –12.30pm	Discussion		
12.30pm –01:15pm	LUNCH Poster Presentation Viewing – Ms. Priyadharshini S & Ms. Geethanayaki M		
Session – 5: 01.15pm –01.45pm	Heart Transplant Nutrition	Dr Sachdev Meenakshi	Dr Mariappan MS MCH [CTVS] Dr K Premkumar M,D. D.M. [Hepatology] Ms Priyadharshini S
01.45pm –02.15pm	Liver Transplant Nutrition	Ms Kalarani R	
02.15pm –02.45pm	Intestine Transplant Nutrition	Ms Reshma Aleem	
02.45pm –02.50pm	Discussion		
Session – 6: 02.50pm –03.20pm	Consideration of VSED [Voluntary Stopping Eating & Drinking] Guidelines in patient palliative care	Dr Judith A Beto	Dr Srinivasan M.D. D.M. [Nephro] Dr Kannan M.D. D.M. [Oncology] Dr Sachdev Meenakshi
03.20pm –03.50pm	Iatrogenic Malnutrition, Nutritional Adaptation & Nutrition Injury: General introduction to Concepts	Prof Dr Varsha	
03.50pm – 4.20pm	Multicultural approach to modification of dietary & treatment patterns to promote kidney function preservation. What does diet have to do with it? Using practical strategies to preserve kidney function	Dr Judith A Beto	
04.20pm –04.25pm	Discussion		
04.25pm –04.40pm	COFFEE BREAK		
Session – 7: 04.40pm –05.10pm	Describing & Planning Your Public Health Interventions using the e-Nutrition Care Process Terminology [NCPT]	Dr Esther F Myers	Dr Senthil Kumar, M.D. [SPM] Ms Geetha Nayaki
05.10pm –05:40pm	Revised 2024 Scope & Standards of Practice for Dieticians	Dr Karen Lacey	
05:40pm –06:10pm	International Food Information Council Communications/Leadership	Dr Zenaida F Velasco	
06.10pm –06.15pm	Discussion		
06.15pm –06.30pm	Concluding Remarks	Dr Varsha	

May 10, 2025 DAY 2: SKILL DEVELOPMENT WORKSHOPS

Time	Topic	
08:00am – 09:00am	Oral Presentations	Dr Sachdev Meenakshi Dr Hema Malini Dr Vinitha Krishnan
09:00am – 12:00pm	Workshop 1: Nutrition Care Process: Let's Start from the Beginning	Dr Esther F Myers Dr Karen Lacey Ms Bamini M & Ms Geethanayaki
12:00nn – 01:00pm	LUNCH	
01:00pm – 04:00pm	Workshop 2: Nutrition Focused Physical Exam [NFPE] Modules	Ms Vilasavathi Venkatachalam Dr Judith Beto
04:00pm – 04:30pm	Certification & Valedictory Function	

VISION

"Partnership in Action" to Promote Documentation & Inclusion of Evidenced-based Medical Nutrition Therapy as Integral Component of Patient -Care.

Facilitating combined sessions between medical fraternity & clinical nutrition practitioners to enhance holistic patient care & foster "Medical-Nutrition Synergy" in Clinical Nutrition & Dietetic Practice through evidence-based programming of education & research.

OBJECTIVE

IINS to facilitate organizing & collaborating with The International Affiliate of Academy of Nutrition and Dietetics [IAAND], USA for an "International Symposium". An endeavour herein facilitates access to the international platform for our nutrition & dietetics fraternity. IAAND's several projects with respect to latest advances in the area of nutrition & dietetics would be of interest, that universities & educational institutions should expose the students & practitioners alike through international exchange.

CONFERENCE SCOPE

- Institute of Diabetology, is the first unit in India to introduce the Baccalaureate in Clinical Nutrition in Madras Medical College - oldest medical college in India as well as in Asia. In another pioneering effort the Institute of Diabetology collaborates with IINS to establish a strong "Partnership in Action" Link with primary objective to impart state-of-art relevant education that encourages adaptation of international guidelines and documentation of evidence-based practice as suited to the cultural nuances of Indian Population.
- Indian Institute of Nutritional Sciences - IINS Trust, established with the express objective to create a state-of-art facility that strives to improve the nation's nutritional health and advance the profession of nutrition and dietetics through education, research and therapy advocacy. IINS Vision - Nutritionally Healthy Indians, achieved through the transformative power of food as medicine in Community, Clinical and Commercial Nutrition. IINS Mission - to become the leading Nutrition Sciences Institution in India through Innovation and Acceleration of the Education, Awareness and Improvement in Clinical Nutrition, by Promoting Positive Nutrition Practices through Research, Evidence-Based programming and Policies for Medical-Nutrition Synergy in Clinical Nutrition and Dietetic Practice.
- IAAND-aninternationalnutrition&dieteticscommunitypromotinghealth&well-beingthrough food&nutrition,through1000members&supporters,includingstudentmembers,livinginmore than78countries&inawidevarietyofsettings:colleges&universities,schools&thecommunity, local hospitals & clinics, private practice & consultation, industry & food service facilities, government & military, research & development.

IAAND - Board of Directors

- Dr Judith Beto - President [USA]
- Dr Ahlam EL Shikieri - Past President [Saudi Arabia]
- Dr Zenaida Velasco - President-Elect [Philippines]
- Prof Dr Varsha - Secretary/Treasurer [India]
- Dr. Esther Myers - House of Delegate [USA]

Chairs

- Ms Rupal Shah - Country Representative, India
- Dr Sylvia Klinger - Professional Development, USA
- Ms Karla Padrelanan - Strategic Comms, Qatar
- Dr Melisa Karabeyoglu - Executive Director, Turkiye



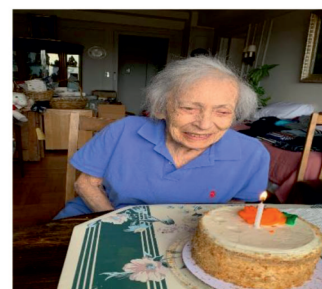
IAAND - INDIA Leadership

- Ms Vilasvathi Venkatachalam-Member Services
- Ms Apeksha Pradhan - Student Services
- Ms Anju Rai - Student Services
- Ms Sohini Shah - Country Representative



Dr Judith Beto
IAAND President
2024-2025

Ms Alice Wimpffheimer, MS RDN CDN
NUTRITION & DIETETICS SPECIALIST
CENTENARIAN



★ **INDIAN DIETETIC & NUTRITION PROFESSIONALS – GRAB THE OPPORTUNITY TO ACTIVELY PARTICIPATE ON INTERNATIONAL PLATFORMS – IAAND OFFERS SPECIAL DISCOUNTED ANNUAL MEMBERSHIP – *Membership will be facilitated at the conference venue***

★ **Academy of Nutrition & Dietetics [AND] Publications will be made available at the American Center Curtsy Wimpffheimer-Guggenheim Fund for International Exchange in Nutrition**

The U.S. Consulate General in Chennai warmly welcomes you to the American Center. Established in 1947, the Center (formerly and still sometimes known as the American Library) has played a special role in fostering relationships between the people of the United States and South India. People across the region have shared with us their memories of the American Center– how it inspired, informed, & changed them. Just as the U.S.-India partnership has risen to new levels, the American Center is also evolving in engaging its audiences. With an event space, DVD viewing kiosks, online databases, & much more, the American Center incorporates some of the latest trends & technologies. We have more than **15,000 books & printed materials*** & one of the largest collections of American Studies materials in South Asia.

American Center organizes a wide range of interactive programs both virtually & in-person. Our dedicated staff provides a wide range of resources and services, offering accurate & current information. The American Center is open to all. We look forward to seeing you soon. **Membership Fee Structure: At this conference discounted annual membership is offered to the individuals by the American Center Avail this golden offer!! Membership to Non-profit/Profit/Corporate organisations too available.** Borrowing & Renewing: Members can check out terms & conditions in person at the Desk at the conference as well as by phone, or by email to ChennaiAmCenter@state.gov. In addition, members can request inter-library loans from other American Centers in Kolkata, Mumbai, and New Delhi. Members can reserve books that are not on the shelf and a notification will be sent to the member when the item is available. Individuals can check out up to four books and two back issues of journals for three weeks. Institutions can borrow up to 20 books for a period of three weeks, & up to five DVDs and 10 back issues of periodicals for three weeks. In addition, Institutional & Corporate Members will receive Span Magazine, and other promotional material.



American Center Chennai

LEARNING OBJECTIVES & OUTCOMES

May 9, 2025 DAY 1: ADVANCED CONCEPTS SYMPOSIUM

1.	 <p>Dr Esther F Myers 08:00–08:45am: The Future of Dietetics through the Lens of Nutrition Care Process & Evidence-Based Nutrition Practice</p> <p>Learning Objectives/Outcomes: Participants will be able to:</p> <ol style="list-style-type: none">1. Identify the impact of Nutrition Care Process & Terminology on the future practice, education & research in the dietetics profession2. Identify the impact of Evidence-Based Nutrition Practice on the future practice, education & research in the dietetics profession3. Identify the synergy when both EBNP & NCP/T are combined
2.	 <p>Dr Sylvia E Klinger 08:45–09:15am: Strengthening Global & Local Partnerships: Collaboration for Excellence in Nutrition & Dietetics</p> <p>Learning Objectives/Outcomes: Participants will be able to:</p> <ol style="list-style-type: none">1. Strengthen Multi-Sector Collaboration in Nutrition & Dietetics – Learn effective strategies for building partnerships between healthcare providers, policymakers, educators, & community organizations to improve public health nutrition.2. Apply Evidence-Based Approaches to Nutrition Challenges – Explore how collaborative efforts can drive impactful, science-backed interventions to address malnutrition, food insecurity, & chronic disease prevention at local & global levels.3. Develop Community-Centered Nutrition Solutions – Gain practical tools to implement culturally relevant, sustainable nutrition programs through interdisciplinary teamwork and stakeholder engagement.
3.	 <p>Dr Sudha Raj 10:50–11:10am: Integrative & Functional Medicine Approach to Manage Diabetes & Associated comorbidities</p> <p>Learning Objectives/Outcomes: Participants will be able to:</p> <ol style="list-style-type: none">1. Recognize the philosophical basis & practical approaches of complementary, alternative & integrative healing paradigms that address chronic disease issues.2. Describe health as an integrated function of biology, environment and behavior and as a product of physical, mental, social & spiritual variables.3. Describe the role of food as a determining factor in health & disease using the example of insulin resistance and Type 2 diabetes.
4.	 <p>Ms Vandana Sheth 11:10–11:40am: Bridging the gap in Diabetes Management: The Essential Role of Dietitians & CDCES in Personalized Nutrition Care</p> <p>Learning Objectives/Outcomes: Participants will be able to:</p> <ol style="list-style-type: none">1. Identify strategies for dietitians & CDCES to enhance patient-centered diabetes management.2. Identify key strategies for dietitians & CDCES to collaborate with healthcare providers in delivering evidence-based, culturally inclusive, & patient-centered diabetes care.3. Apply practical, personalized Medical Nutrition Therapy [MNT] in diabetes care to enhance adherence & improve metabolic outcomes in individuals with diabetes, considering behavioral counseling techniques and emerging digital health tools.

LEARNING OBJECTIVES & OUTCOMES

May 9, 2025 DAY 1: ADVANCED CONCEPTS SYMPOSIUM

5.	 <p>Ms Vilasvathi Venkatachalam 11:45–12:05pm: ERAS – Enhanced Recovery After Surgery & Prehabilitation in Diabetes: Using traditional ingredients & medical nutrition</p> <p>Learning Objectives/Outcomes: Participants will be able to:</p> <ol style="list-style-type: none"> 1. Make a clear distinction between ERAS & Prehabilitation in Diabetes 2. Create solutions with traditional ingredients & medical nutrition for various levels of resources 3. A special focus on low resource solutions
6.	 <p>Dr Judit A Beto 12:05–12:25pm: The Role of Gut Microbiota in Kidney Disease – Using the Power of Gut Microbiota in Kidney Disease Management</p> <p>Learning Objectives/Outcomes: Participants will be able to:</p> <ol style="list-style-type: none"> 1. Describe the composition and changes in gut microbiota in kidney disease. 2. Identify factors that affect gut microbiota in kidney disease 3. Evaluate future avenues of research and treatment in kidney disease.
7.	 <p>Dr Judith Beto 02:50–03:20pm: Consideration of VSED [Voluntary Stopping Eating & Drinking] Guidelines in patient palliative Care</p> <p>Learning Objectives/Outcomes: Participants will be able to:</p> <ol style="list-style-type: none"> 1. Understand the evolution and definition of VSED. 2. Review the published VSED clinical guideline parameters within the context of application to selected patients with diminishing quality of life. 3. Postulate VSED implications from ethical, social, cultural, and legal viewpoints.
8.	 <p>Prof Dr Varsha 03:20–03.50pm: Iatrogenic Malnutrition, Nutritional Adaptation & Nutrition Injury: General introduction to Concepts</p> <p>Learning Objectives/Outcomes: Participants will be able to:</p> <ol style="list-style-type: none"> 1. To define Nutritional Terminology such as [a] Iatrogenic malnutrition [b] Anergy [c] Nutritional Adaptation [d] Nutritional Diagnosing [e] Nutri kinetics & Nutri dynamics 2. To understand <ol style="list-style-type: none"> a. Factors, causes, examples, symptoms, prevalence, consequences & significance Of Iatrogenic Malnutrition & components of estimating Anergy b. Nature, significance/importance of Nutritional Adaptation & its use for comparative dietary & nutritional adequacy, as well as in extreme environments c. Nutritional Diagnosing being a critical step of Nutrition Care Process & its applications thereof
9.	 <p>Dr Judith A Beto 03:50–04:20pm: Multicultural approach to modification of dietary & treatment patterns to promote kidney function preservation. What does diet have to do with it? Using practical strategies to preserve kidney function</p> <p>Learning Objectives/Outcomes: Participants will be able to:</p> <ol style="list-style-type: none"> 1. Review a cohort of dietary pattern changes versus strict renal diet & their effect on kidney function. 2. Evaluate the interactive of plant-based or plant-dominant with evidence based pharmacological therapies in protective effects of kidney function. 3. Discuss metabolic implications of various modification strategies.

LEARNING OBJECTIVES & OUTCOMES

May 9, 2025 DAY 1: ADVANCED CONCEPTS SYMPOSIUM

10.	 <p>Dr Esther Myers 04:20–05:10pm: Describing & Planning Your Public Health Interventions using the e-Nutrition Care Process Terminology (NCPT)</p> <p>Learning Objectives/Outcomes: Participants will be able to:</p> <ol style="list-style-type: none">1. Identify the types of terms(domains) that are available to describe community / public health nutrition care2. Apply terms in an example scenario3. Evaluate linkages in public health scenario
11.	 <p>Dr Karen Lacey 05:10–05:40pm: 2024 Revised: Scope & Standards of Practice for Dietitians</p> <p>Learning Objectives/Outcomes: Participants will be able to:</p> <ol style="list-style-type: none">1. Evaluate and incorporate professional standards to improve nutrition practice2. Keep abreast of changes in practice & in the practice environment that affect individual competence & legislative scope of practice3. Pursue & embrace opportunities to advance practice
12.	 <p>Dr Zenaida F Velasco 05:40–6:10pm: International Food Information Council Communications / Leadership</p> <p>Learning Objectives/Outcomes: Participants will be able to:</p> <ol style="list-style-type: none">1. Understand the role of green technology in creating sustainable food systems & its impact on nutrition & public health.2. Apply sustainable practices, such as waste reduction & eco-friendly meal planning, in clinical & food service settings.3. Advocate for environmentally conscious dietary practices to promote sustainability within communities & organizations.
May 10, 2025 DAY 2: ADVANCED CONCEPTS SYMPOSIUM	
13.	<p>09:00am – 12:00nn: Workshop 1: Nutrition Care Process: Let's Start from the Beginning Workshop</p> <p>Faculty: Dr Esther F Myers; Dr Karen Lacey; Ms Bamini M & Ms Geethanayaki</p> <p>Learning Objectives & Outcomes</p> <ol style="list-style-type: none">1. Identify the activities and components Nutrition Care Process Models2. Identify the need for a standardized language, the eNCPT3. Be able to construct basic PES statements and link Nutrition Interventions <p>Describe the linkages between the steps in the Nutrition Care Process</p>
14.	<p>01:00 – 04:00pm: Workshop 2: Nutrition Focused Physical Exam [NFPE] Modules</p> <p>Faculty: Ms Vilasvathi Venkatachalam; Dr Judith Beto; Dr Shanti Dandapani</p> <p>Learning Objectives & Outcomes</p> <ol style="list-style-type: none">1. Definition of Nutrition-Focused Physical Examination in Health Assessment2. Differentiate between Comprehensive vs Focused Assessments & its Main Objective3. Techniques used in NFPE & Steps of a Physical Exam

ORAL PRESENTATIONS

1. Anusuya Manoharan [dietary@simhospitals.com #9677061594]

Title: A Multidisciplinary Medical Nutritional Therapy Approach in Managing an Adult Female with Autoimmune Status Epilepticus: A Case Report

2. Kalaivani P [kalaivanip@sriramachandra.edu.in #9677010457]

3. Ayesha Sheik Abdullah [ayeshaoct@gmail.com #9176024808]

Title : Effect of Cooking with Lemon Juice or Sodium Bicarbonate on the Soluble and Insoluble Oxalate Content in Spinach (*Spinacia Oleracea*)

4. SL Priyadarsini M [msl_priya@yahoo.com #8897899955]

Title: Multidisciplinary Nutritional Management in a Pediatric Case of Acute on Chronic Pancreatitis with Infected Pseudocyst and Subacute Intestinal Obstruction

5. Gomathi Sivanandam [saravanankarthi@outlook.com #9841075044]

Title: Nutrition Care for Pemphigus Vulgaricus

POSTER PRESENTATIONS

1. **Sereesha Sivagnanam** [ssereesha7@gmail.com #6381428036]

Title: Neurogastronomy - How brain perception affect nutritional choices

2. **Meesala Elipersis** [elipersism05@gmail.com #7396318782]

Title: Comparative analysis of artificial intelligence & human dietitians in delivering personalized nutritional interventions

3. **Udayagiri Akshan** [akshanchinnisonal@gmail.com #994878538]

Title: Nutritional influences on the timing & progression of puberty girls

4. **E Lakshmi Ethirajulu** [lakshmis6@srmist.edu.in #9884003428]

Title: Piperine's potential in cancer chemoprevention an overview

5. **TZ Asheerashaganaz** [asheerashaganaz1734@gmail.com #7338904272]

Title: Gut-brain axis: Exploring the role of probiotics in anxiety and depressive disorder

6. **Dr Mysore Ramaswamy Asha** [ashamr@cftri.res.in #9243340507]

Title: Personalized nutrition leveraging sensory cues and emotional influences on food choices for smart eating decisions to facilitate optimum health

7. **SL Priyadarsini N** [msl_priya@yahoo.com #8897899955]

Title: A 14 year old girl with acute on chronic pancreatitis with multiple co-morbidities [hyperthyroidism and bladder calculas]

8. **Mala Gurappa** [malagurappa@gmail.com #0948027359]

Title: Acute oral toxicity study of couroupita gulanensis leaves in wistar albino rats

Online Registration

- Register Online: <https://iins.org.in/register.asp>
- Carefully read the instructions for online submission before submitting
- Last date for conference registration without late fee is March 31st 2025
- Last date for conference registration with late fee is April 20th 2025
- Workshop registrations limited to 100 — first come first basis Last date Mar 31st, 2025
- No spot registrations



Call for abstract for Oral & Poster presentations

- Submit the abstract for oral & poster presentation online at <https://iins.org.in/abstract.asp>
- No hard copy of the abstract accepted
- Submit the abstract via the online submission form provided
- The deadline for the abstract submission is April 20th, 2025



Note

- The presenting author must be a registered delegate for the conference
- There will be a best poster & best oral presentation award — experts will evaluate based on scientific content, presentation, & ability to answer the questions raised by the reviewing experts

Registration

Participants/Participation Category		INR [Incl of GST]	
		Students	Dietitians/Academicians
1	Conference	1,500/-	2,500/-
2	Workshop 1: Nutrition Care Process - Nutrition Diagnosis & PES, eNCPT, & EAL	1,000/-	1,500/-
3	Workshop 2: Nutrition Focused Physical Exam [NFPE] Modules	1,000/-	1,500/-
4	Conference + Workshop 1 or Workshop 2	2,500/-	4,000/-
5	Conference + Workshop 1 + Workshop 2	3,4500/-	5,500/-

Terms & Conditions

- Cancellation requests have to be received in writing to the conference secretariat email ID
- Time stamp of email will be considered as official date of cancellation request
- All refunds will be provided by cheque 4 weeks after the conference

Refund Policy

- 100% if the event is cancelled due to any government guidelines
- Requests received after April 20, 2025 - No refunds

ACCOMODATION Travel and accommodation as per Delegates convenience.

Important Dates

Abstract Submission Deadline	On or Before April 20 th, 2025
Last Date for Registration	April 20, 2025

Official Email ID : nutrifeast2025@gmail.com

Secretariat : nutrifeast2025@gmail.com/9841650958

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I FACILITATE THINKING
I ENGAGE MINDS
I LISTEN TO QUESTIONS
I ENCOURAGE RISK
I SUPPORT STRUGGLE
I CULTIVATE DREAMS
I LEARN EVERYDAY

I TEACH



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